

Preparation for Adulthood and Next stages of Life and Education



Preparation for Adulthood

Personal Development

Why

- ✓ To increase self-awareness.
- ✓ To increase awareness of others and how they relate to us.
- ✓ To increase self-esteem.
- ✓ To develop own critical thinking skills.
- ✓ To gain a better understanding of the world around us.

What is studied

- Subjects are led by student EHCP needs and wants and include:
- ✓ Relationships.
 - ✓ Personal safety.
 - ✓ Respecting ourselves and others.
 - ✓ Physical and mental health.
 - ✓ Awareness of media.
 - ✓ Religions.
 - ✓ Factors for personal and emotional growth.

How often

- ✓ 1 – 2hrs a week.

Accreditation & Progression

- ✓ Entry 3 – Level 2 Award in Progression.

Preparation for Employment

Why

- ✓ To inspire and instil the value of working.
- ✓ To develop dedication to a chosen career pathway.
- ✓ To develop soft and hard employability skills, knowledge and behaviours.
- ✓ To explore the world of work and find your way round employability rights and responsibilities.
- ✓ To build and maintain effective relationships at work.

What is studied

- ✓ Becoming aspirational about employment.
- ✓ Making motivating career choices.
- ✓ Developing employability skills, behaviours and knowledge for a chosen career pathway.
- ✓ Effective communication in the world of work.
- ✓ Promoting yourself in the world of work.
- ✓ Independence at work.
- ✓ Interview techniques.
- ✓ Practicalities of being employed.
- ✓ Assertiveness.

How often

- ✓ 1 – 2hrs a week.

Accreditation & Progression

- ✓ Entry 3 – Level 2 Award in Work Skills.

Next Steps

Why

- ✓ To enable opportunities for bespoke facilitation of personal development and reinforcement of all areas of the PFA framework.
- ✓ To address and meet EHCP outcomes in a way that's most relevant to student abilities, needs, aspirations and ambitions.

What is studied

- ✓ All areas of the PFA framework as prescribed by their EHCPs and emerging needs, wishes and aspirations.
- ✓ Personal action planning and informed decision making for now and then.
- ✓ Practical skills for adulthood such as independent living skills, driving theory, personal safety etc.

How often

- ✓ 1 – 2hrs a week, on a one to one basis.

Accreditation & Progression

- ✓ Progression towards becoming an empowered and informed adult, equipped with skills, knowledge and behaviours to be successful in life.

Work Experience

Why

- ✓ To enable opportunities for access to the world of work.
- ✓ To apply employability skills in a practical context of work experience, volunteering or community action.
- ✓ To develop appreciation for the value of working and contributing to society.
- ✓ To 'taste' the world of work in any possible context, even if it is not related to a chosen career pathway yet.
- ✓ To break down barriers to accessing employment.

What is studied

- ✓ Practical access to the world of work.
- ✓ Internal and external work experience.
- ✓ Volunteering.
- ✓ Community access and action.
- ✓ Career guidance.
- ✓ Career Fairs (internal and external).
- ✓ Employability Days (3).

How often

- ✓ Bespoke to needs and aspiration.
- ✓ Minimum of 5hrs each term and 10hrs of external work experience annually.

Accreditation & Progression

- ✓ Progression towards becoming an empowered and informed adult, equipped with skills, knowledge and behaviours to be successful in life.