

## Preparing for Adulthood at Whinfell School



Whinfell School are excited to have expanded our curriculum offer this term as an approved centre for ASDAN to deliver the 'Moving on' Award as a central part of our preparation for adulthood pathway. Moving On is a new course from ASDAN that will equip young people aged 16+ in the UK with the knowledge and skills they need to 'move on' to living independently. The course has been developed in partnership with practitioners to meet the needs of young people preparing to live independently for the first time, including young people who are leaving care. Moving On is structured around five different aspects of what it means to live independently as a young adult.

These five areas closely link to the key areas of care leaver pathway plans. Moving On is based on the five following modules: 1. Building a home – tenancy, home maintenance, laundry, cleaning and home safety 2. Being healthy – physical health, emotional wellbeing, healthy eating and healthy living habits 3. Starting your career – further and higher education, training, exploring job opportunities, applying for jobs and being an employee 4. Managing money – budgeting, borrowing, saving and spending 5. Relating to people – identity, healthy relationships, boundaries, support and being part of a community. Young people at Whinfell embarked on the award in March when the qualification first became available, and have enjoyed a variety of experiences and gained a huge range of skills whilst working through the modules, supported by our designated teacher Katy who has worked incredibly hard to bring the programme to life at Whinfell. The award allows these hugely important skills, knowledge base and achievements to be formally recognised and celebrated. We are looking forward to working with ASDAN and our advisor Karen to ensure all our young people leave Whinfell ready to take their best next step, and live life as independently as possible.

