

Outcomes:

- To Explore and learn.
- Behave well in public.
- Try new food.
- Learn how to make pizza.
- Socialise with our peers from Sessions House.



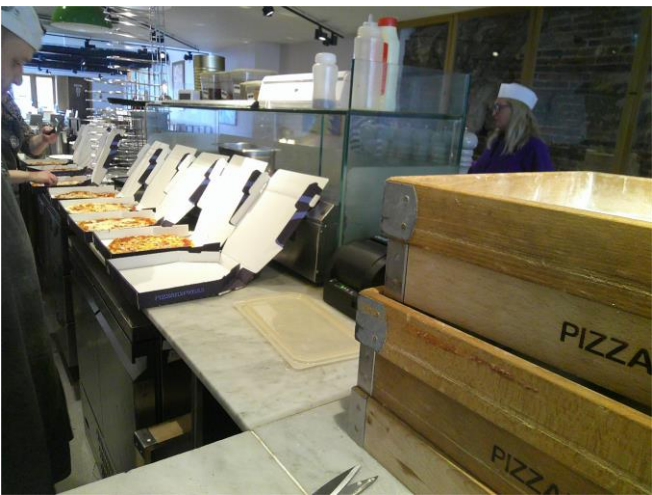
Description of trip: This week Sessions House visited Pizza Express. First, we prepared for cooking by washing our hands and getting our chef's hats and aprons on. We already knew that this was the first thing to do as our cooking teacher, Kerry, has drummed it into us. We then looked at different foods that can go on a pizza. We got the opportunity to taste each ingredient. We tried tomatoes, there were all different coloured tomatoes from red, green and yellow. We tried mozzarella cheese, which is the best cheese to put on pizza. We even had olives and basil leaves. If we didn't want to taste the basil we could just smell how fragrant it is. Did you know that the largest olives are called Gordal olives? Gordal being Spanish for the word fat. Next, we moved onto making the pizza. We had to knead our dough and throw it in the air to make it into a pizza base, before adding toppings of tomato and cheese to make the perfect Margarita pizza. We took it back to school to have for our lunch. Thank you Pizza Express for a great morning!

Quotes:

"I like olives"

"Can we eat it now?"

"This pizza looks
yummy"



Everyone has a personal best