

SOUTHLANDS SCHOOL

2023 – 2024 Menu Week 1 & 4

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1

Tomato and Ham
Choice Pasta



Hot Option 1

Chicken Curry



Hot Option 1

Spaghetti Bolognese



Hot Option 1

Steak Pie



Hot Option 1

Southern Fried
Chicken



Hot Option 2

Tomato Pasta



Hot Option 2

Quorn Curry



Hot Option 2

Spaghetti Bolognese



Hot Option 2

Vegetarian Pie of the
Day



Hot Option 2

Flat Garlic Mushroom



Hot Option 3

Jacket Potato



Hot Option 3

Jacket Potato



Hot Option 3

Jacket Potato



Hot Option 3

Jacket Potato



Hot Option 3

Jacket Potato



Roasted Veg



Sweetcorn



Pasta



Seasonal Veg



Peas



Beans



Large Naan



Broccoli



New Potatoes



Chips



Salad Bar / Sandwich
Tuna / Cheese



Salad Bar / Sandwich
Tuna / Cheese



Salad Bar / Sandwich
Tuna / Cheese



Salad Bar / Sandwich
Tuna / Cheese



Salad Bar / Sandwich
Tuna / Cheese



Selection of Fresh Fruit
and Yoghurt



Pudding of the Day



Selection of Fresh Fruit
and Yoghurt



Pudding of the Day



Selection of Fresh Fruit
and Yoghurt

