TRIP TO PORTSMOUTH BLUEREEF AQUARIUM

What a great day! The students of Hill House School embarked on an educational adventure to the Bluereef Aquarium in Portsmouth. This visit was more than just a trip; it was an extension of their classroom learning, giving them a hands-on experience with marine life. The visit enabled the young people to focus on the five aims of the Hill House School curriculum:

- **Communication**: The visit provided an excellent opportunity for students to enhance their communication skills. Reading the posters and learning new vocabulary.
- **Self-regulation**: The aquarium's sensory-rich environment helped students practice self-regulation, manage excitement, take turns, follow instructions and stay calm.
- **Resilience**: Facing new and unfamiliar environments and a lot of information required the ability to adapt and stay engaged. The young people demonstrated resilience by adjusting to the situation, seeking help when needed and gradually becoming more comfortable.
- **Increasing Independence**: Young people explored exhibits, read information plaques and engaged with interactive displays independently or in small groups, taking charge of their learning.
- **Discovery:** The visit was a journey of discovery. Students had the chance to deepen their understanding of marine biology, building on what they had learned in the classroom.













Let's have Lunch at Nando's

After an exciting morning at the Bluereef Aquarium, the young people then enjoyed a delicious lunch at Nando's. The welcoming atmosphere made it the perfect place to relax and share their favourite aquarium moments. The students had fun choosing their meals and placing their orders, which was a great way to practice independence. The friendly Nando's staff made sure everyone felt comfortable and well-served. As they waited for their food, the young people had the opportunity to interact with their friends. The tasty food was a big hit, and many students enjoyed trying new dishes.

Overall, lunch at Nando's was a fantastic end to a fun and educational day. It was a wonderful way for the students to relax, socialize, and reflect on their amazing aquarium visit.





