

# FOOTPRINT

Promoting happy, healthy and sustainable living at Hill House and beyond.

## PLASTIC FREE JULY

Plastic Free July® is an annual global movement that encourages people to reduce their plastic consumption for a whole month. Starting in 2011, it now inspires millions of people to consider their everyday use of plastic and to make lifestyle changes in order to reduce plastic pollution - so we can have cleaner streets, oceans, and beautiful communities.

### Did you know ...

♥ Supermarkets in the UK have pledged to go plastic-free by the end of 2023.

♥ The plastic bag levy has seen the use of disposable bags fall by a staggering 95%.



Now, more than ever, it is important to cut our plastic consumption so taking part in Plastic Free July is a good way to start. Start small, or really challenge yourself. Some ways to help include:

<p><b>Takeaway coffee cups</b> Bring a reusable coffee cup or dine-in at your local café.</p>	<p><b>Plastic straws</b> Refuse plastic straws when buying a drink &amp; BYO reusable alternative!</p>	<p><b>Plastic water bottles</b> BYO reusable water bottle instead of buying plastic ones.</p>	<p><b>Plastic shopping bags</b> Bring your own reusable shopping bags and help reduce plastic waste.</p>
<p><b>Reduce, Reuse, Recycle</b> The three R's for a better planet - reduce, reuse, recycle.</p>	<p><b>Bulk food shopping</b> Avoiding pre-packaged foods by choosing bulk or loose food.</p>	<p><b>Dental care</b> Plastic-free toothbrushes, toothpaste and more.</p>	<p><b>Soap</b> Swap liquid soap for bar soaps and avoid single-use plastic.</p>

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Hill House School

Cambian  
International School

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## HEROES AND VILLAINS

The Hill House Heroes have been working hard over the past few months to reduce, reuse and recycle, as well as learning how they can be eco-friendlier.



But an infamous Plastic Villain known as **NOT-A-GREEN GOBLIN** has been spotted. Disguised as Captain GB, he joined in with the Jubilee celebrations and committed heinous crimes against sustainability. The Not-A-Green Goblin is wanted for wearing single-use plastic, as well as using the photocopier and laminator too many times.

\*Thank you to our Health Care Manager for being such a good sport.

