



Hill House School  
One Planet Living Action Plan 2025





## About Hill House

Hill House is a school registered education provision for students aged 11-19. We offer a 52-week residential provision for boys and girls with a diagnosis of Autism, severe learning difficulties and associated behaviours. Our school is equipped to support the needs of young people with a range of abilities

The Hill House curriculum enables young people to explore, learn, develop and generalise knowledge and skills in the following Key Areas;

**Communication**

**Self-Regulation**

**Resilience**

**Increasing Independence**

**Discovery**

OPL runs through everything that we do at HHS and as part of this we have organised our science curriculum to work in harmony with our **One Planet Living** whole school goals and targets. The curriculum is organised under the following themes;



It also promotes the following expectations;

- Allows our young people to have embraced a sense of respect for and wonder at their natural environment
- Encourages a sense of respect and responsibility for their natural and manufactured environments
- Supports young people to understand how humans and technology can be a force for good or harm to our environment
- Promotes a sense of some of the fundamental natural and scientific processes that govern their planet and the environment they live in

## Our One Planet Living Action plan

The Hill House OPL action plan is put together to ensure that everyone at HHS lead happy, healthy lives within the natural limits of our One Planet

Our goals include:

- Creating a sense of place and belonging while nurturing a culture of sustainability
- Promoting health, happiness and well-being for all
- Ensuring a positive contribution to local biodiversity and recognising the value of nature to human health
- Engaging with and promoting sustainable living among our stakeholders and local community / businesses
- Investigating renewable energy sources (long term goal)



### Outcomes

**High levels of physical, social emotional and mental health** - Helping our young people and staff to be physically, emotionally and mentally healthy through increased physical activities, mindfulness exercises and spending time outdoors interacting with nature

### Actions

Offer opportunities to engage with nature – time spent in the HHS allotment / walks in the New Forest

Engagement with Mindful mornings at the start of each day

Use of the Eco Cabin for a range of different activities

Involvement in the Duke of Edinburgh award

### Indicators

All young people to have the opportunity to spend time in the allotment and go for regular walks in the New Forest

All young people to be offered mindful experiences and activities at the start of each day

All young people to have the opportunity to spend time in the Eco Cabin

Sixth form students to be given the opportunity to work towards their bronze Duke of Edinburgh award



## Equity and local economy

### Outcomes

To work with and support our local community, making a significant contribution

### Actions

Work experience placements at the New Forest Fruit Farm

Supporting local shops, businesses and organisations

Continuing to produce a regular OPL 'Footprint' newsletter

Offering a symbol supported version of our Footprint newsletter to be accessible for all young people in a communal space

Opportunities to participate in regular outdoor activities at the Tile Barn Activity Centre

### Indicators

Sixth form students to be offered the opportunity to work at the New Forest Fruit Farm

Regular visits to local shops and amenities in order to support our local economy

Footprint newsletter will be sent to all staff and will also be made available on the HHS website

Visual symbol - based Footprint newsletter will be made available for all young people

All young people will be given the opportunity to go along to join in activities at Tile Barn



### Outcomes

Promoting a culture of sustainability

### Actions

Holding a Green Dragons Den event

Links with the local environment group `Transition Lymington` This could involve; supporting their `sharing tables` initiative by planting seedlings and delivering these to each destination; support from the group to establish and grow the HHS pond area; taking part in an in house `repair workshop` where young people can bring along items to be repaired

Making a contribution to the local community by supporting the local charity `New Forest for Ukraine`

Hold regular HHS OPL Eco committee meetings

### Indicators

The Green Dragons Den event will provide an opportunity for the homes, classes and individuals to come and pitch their ideas for OPL projects that can be fed into this action plan as well as into the HHS school development plan

Support from `Transition Lymington` to encourage wildlife to the HHS pond by taking their advice on using the most beneficial plants to attract insects, amphibians and mammals

All young people to have the opportunity to participate in the `Transition Lymington` projects

Sixth form students to have the opportunity to complete work experience at `New Forest for Ukraine` helping to sort items ready for donation

Staff and young people to be involved in the OPL Eco Committee



### Outcomes

Understand how we impact wildlife and aim to be nature-friendly while still making space for play and fun

Engage young people and staff in recognising the value of nature, including its value to our health

### Actions

Development of the allotment and pond area in order to encourage a wide range of biodiversity

Creation of a pathway down to the pond and allotment to ensure accessibility for all

RSPB Wild Challenge award

John Muir award

### Indicators

The new pond will hopefully attract a wide range of birds, insects, amphibians and mammals. It will provide homes, breeding grounds, bathing spots and a watering hole for all manner of creatures and will be key to sustaining local wildlife

All young people will be able to visit the pond and allotment area on a regular basis

HHS being awarded the RSPB Wild Challenge award

All young people will have the opportunity to work towards the John Muir award, encouraging opportunities to connect with, enjoy and care for wild places



## Sustainable water

### Outcomes

Water to be used efficiently and responsibly

Reduce wasteful consumption of water by encouraging behaviour change and creating a culture of sustainability

Raise awareness of the need for the responsible use of water for bathing, showering and water play as well as the need to return it clean to the environment

Reduce the need for plastic bottled water where potable water is available from the tap

### Actions

Young people and staff to be encouraged to use a reusable water bottle

Continue to use water carefully

Water butts in the allotment

### Indicators

All young people and staff to use a reusable water bottle

Everyone in the school to continue to use water carefully

Increased use of water butts in the allotment – to be used to water the plants, flowers and vegetables





### Outcomes

Home grown and Home made

Enjoy fresh, local, seasonal, organic and healthy produce through the effective use of our allotment and encourage diets high in vegetable protein

Promote humane farming and ethically sourced produce

Compost green waste to fertilize crops

Celebrate a culture of healthy and sustainable eating through events and education

### Actions

Food explorers club to encourage young people to try a wider variety of different foods

Plant to Plate – growing produce in the HHS allotment which can then be used in the café

Planting fruit and vegetable seedlings for distribution to Lymington and Pennington `Sharing Spaces` projects

Work in the `Transition Lymington` local allotment

### Indicators

All young people to be invited to participate in the weekly food explorers club

Young people and staff to help to grow produce in the HHS allotment

Young people to be given the opportunity to take part in the `Sharing Spaces` project and also to make a contribution to the local allotment plot



## Travel and transport

### Outcomes

Promote alternative methods of transport

### Actions

PedALL inclusive cycling activity in the New Forest

Use of public transport such as the train and ferry

### Indicators

All young people to be offered the opportunity to take part in the PedALL inclusive cycling activity out and about in the New Forest. They will be able to experience travelling by bike and also learn to ride a bike themselves

Some young people to practise using a range of different modes of public transport for example; travelling by train and also by ferry



## Materials and products

### Outcomes

Less plastic waste

Helping staff and young people to consider a product's lifecycle and the pros and cons of different materials

Having strategies in place to encourage responsible consumption and reduce waste by promoting reusing, refilling, repurposing and recycling

A culture of sharing and swapping is encouraged through on site and local community initiatives

Sustainably sourced materials and products

Purchasing and using materials from sustainable sources and promoting products which help us reduce consumption

### Actions

Donation drop off point for New Forest for Ukraine

Switch to digital sign in and fire register

Only using copy paper from sustainable sources

### Indicators

Young people and staff to be involved in donating items for New Forest for Ukraine

Digital sign in / fire register will prevent automatic printouts



## Outcomes

Reduce landfill

Reduce wasteful consumption and waste to landfill by maximising upcycling, reusing and recycling

Make waste part of the curriculum from exploring where products come from, how they are made, how they can be responsibly disposed of or reused e.g. play, arts and crafts, green waste

Foster a culture of sharing, repurposing and recycling by engaging with the local community as well as local businesses to see what opportunities may exist to help each other

Reduce food waste

## Actions

Composting food waste

Set up the new HHS refill station – using ethically sourced, cruelty free, vegan and paraben free products. The range will initially comprise of hand wash, body wash and shampoo

Set up new soft plastic recycling station

## Indicators

Food waste to be turned into compost which in turn will fertilise the HHS allotment

The new refill station will reduce plastic consumption and provide valuable work experience opportunities for the sixth form students. It will also help to create more responsible consumer habits

The new recycling stations will also help to reduce waste and landfill



## Zero carbon energy

### Outcomes

Improved energy efficiency

Energy efficiency gained through the use of passive methods such as natural lighting and ventilation as well as energy efficient options for lighting, computers and other equipment

### Actions

Work with `Transition Lymington` to perform heat map surveys around the HHS site

Continue to remind young people and staff to turn off lights when they leave the room

All computers to be turned off at the end of each day

### Indicators

Young people to take part in the heat map survey