



Cambian Dilston College

Specialist Further Education College

- Mixed Gender • 16-25 Years
- Up to 52 Weeks Residential • Day Placements



Welcome

Welcome to Cambian Dilston College, an independent specialist college providing a high standard of education and care for students aged 16 to 25 with moderate to severe learning disabilities. We successfully support students with a broad range of complex needs including medical needs and challenging behaviour.

Cambian Dilston College is situated in Northumberland, close to the towns of Hexham and Corbridge, with easy access to Newcastle City Centre. We offer day placements and up to 52-week residential placements.

We pride ourselves on our commitment to providing high quality and person-centred education and care using specialist approaches and individual learning programmes, utilising our unique on-site learning, leisure and

residential facilities. We support students to gain the skills and confidence they need to move onto the next stage in their lives, whether that is gaining employment, moving towards independent living or progressing to further study.

Following the key principles of 16+ study programmes every student has an individualised learning programme, designed to support their development and progression in line with their future aspirations. We look forward to welcoming you to the college.

Yours sincerely

Marie Flatman

Marie Flatman
Principal



Marie Flatman
Principal

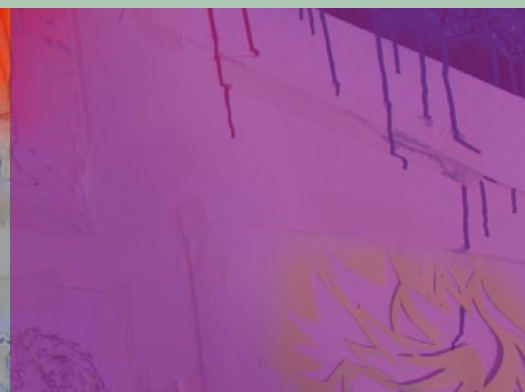
“The site itself is very impressive and the location is beautiful, we were surprised at the how big the site was and how much was on offer for the young people!”

Caitlin Ridge
Commissioning Support & Innovations Officer
– Children's Commissioning Service

Dilston Hall,
Corbridge,
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Overview



Enabling young people to lead active lives

Cambian Dilston College is a specialist provider of further education in North East England, offering day and up to 52-week residential placements for young people with Autism Spectrum Disorders, learning disabilities and complex needs.

We offer all students the opportunity to participate in a full and active extended curriculum: promoting, supporting and challenging them to make progress and achieve their fullest potential.

Our person-centred approach provides students with individualised learning programmes developed to effectively match their needs, personal decisions and aspirations, be the focus on daily living skills, vocational qualifications or independent living.*

We are proud that all of our students gain important life skills and meaningful qualifications, evidencing our commitment to enabling increased choice, control and independence.

By providing a wide range of specialist interventions, tailored approaches and proactive options for students, we ensure that all the young people in our care have the chance to engage positively with staff and their peers.

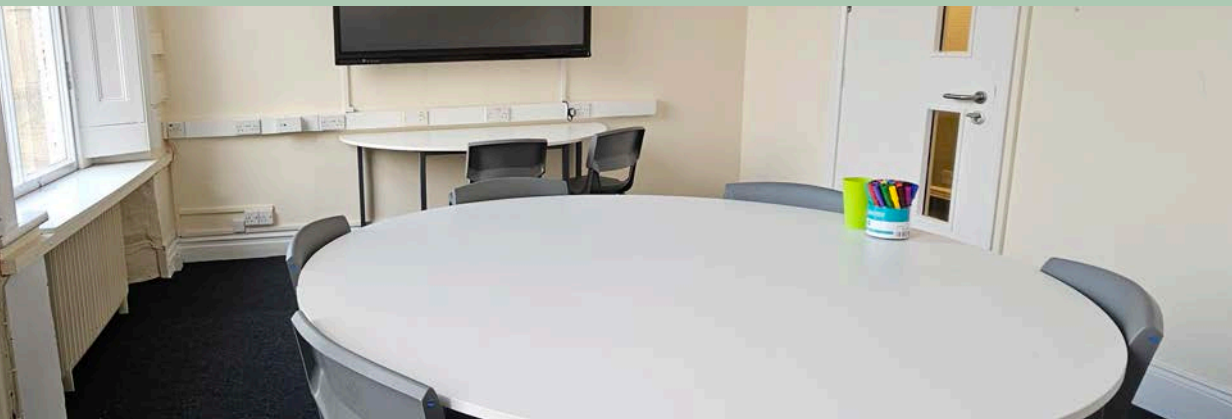
Whilst with us, we encourage students to develop and pursue their interests and provide them with the support they need to consistently achieve their personal best. Our range of multi-disciplinary therapies is delivered by a highly skilled and passionate team who work together to provide a holistic care environment.

Typical Student Presentation

- Moderate to Severe Learning Disabilities
- Autism Spectrum Disorder
- Down's Syndrome
- Developmental Disorders
- Communication Difficulties
- Challenging Behaviour
- A Broad Range of Complex Needs Including Medical Needs



Referral Route and Pathways



Preparing our students for adult life

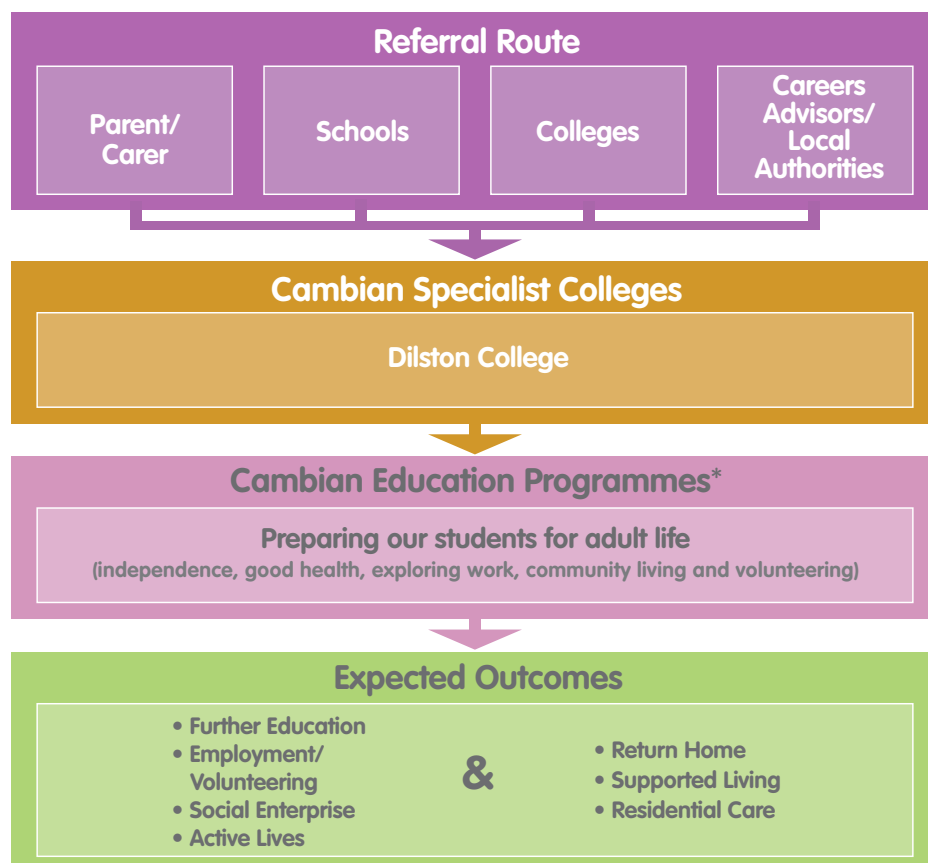
Students follow either the Personal Progress route (PP) or the Skills for Independence and Work (SFIW) route depending on their needs, abilities and preferences.

All routes* include the key features of 16+ study programmes, enabling students to develop their functional, vocational and personal skills and experience community living in line with the Preparing for Adulthood Agenda.

We have established strong links with local organisations and employers that support the college by providing community based learning, leisure, volunteering, social enterprise and work experience opportunities.

"Students attend work experience in the internal cafe and bakery and in cafes in the community, and they access volunteering activities at the Cycle Hub and engage in enterprise activities such as baking goods to sell at Hexham market. These activities help students to develop their social interaction and communication skills, leading to improvement in their confidence and resilience".

Referral route, education programmes and expected outcomes



Ofsted Inspection Report 2023

*Determined by individual assessments of need.

Helping Achieve a Personal Best



Cambian Dilston College offers a wide variety of personalised opportunities for external accreditation.

We provide flexible routes to full qualifications and offer units of study from pre-entry to level 2, leading to awards, certificates and diplomas by offering students the opportunity to undertake nationally recognised vocational qualifications, we help young people to gain confidence and lead socially active and engaged lives.

Basic literacy, numeracy, ICT and communication are embedded within the curriculum and in discrete sessions.

Vocational and practical learning opportunities at Cambian Dilston College:

- ✓ Animal Care
- ✓ Art & Pottery
- ✓ Community and Leisure Activities
- ✓ Computers and ICT
- ✓ Conservation
- ✓ Creative Play
- ✓ Duke of Edinburgh
- ✓ English and Maths
- ✓ Enterprise
- ✓ Forest School
- ✓ Gardening & Horticulture
- ✓ Independent Living Skills
- ✓ Kitchen & Bakery
- ✓ Media
- ✓ Music & Drama
- ✓ Workshop
- ✓ Work Experience



As well as internal courses in practical skills, externally accredited courses include:

- ✓ Edexcel - Vocational Qualifications
- ✓ Duke of Edinburgh Award
- ✓ AQA
- ✓ Functional Skills

Volunteering and Work Placements



As part of their course, students are offered the opportunity to access work experience, supported by one of our dedicated job coaches.

Such opportunities offer students an insight into the world of work which may be one of their long-term goals, or may inspire them to think about seeking a work-related or ongoing learning placement once their college course is complete.

Our staff support students to access work experience in a variety of areas such as catering, administration and land-based work.

Work experience placements continue throughout the year, as opposed to the block placements traditionally run by schools. This allows students time to prepare and settle into their placement and apply learning from their college course to the work environment.

Students are also able to establish positive relationships with their employers, enabling them to develop meaningful and person-centred employment experiences.

Students can take the confidence gained and skills learned from their placements and transfer them, along with accurate employer references, to increase the work, further education or training opportunities available to them after college.

Students have the opportunity to experience a wide range of work experience and volunteering opportunities including:

- ✓ Land Base Activities
- ✓ Conservation
- ✓ Retail
- ✓ Catering and Hospitality
- ✓ Animal Care



Developing Skills and Interests



An important part of helping our students to achieve their personal best is encouraging them to develop interests and participate in a variety of activities and environments.

All students follow an individualised programme of practical life skills developed within real life supported living and community environments.

Learner Voice

Cambian Dilston College offers all students the opportunity to participate in a full and active extended curriculum: promoting, supporting and challenging them to make progress and achieve their fullest potential. The ethos of the college ensures that our approach is inclusive and holistic, offering everyone an equal opportunity to express their views, make choices and be included.

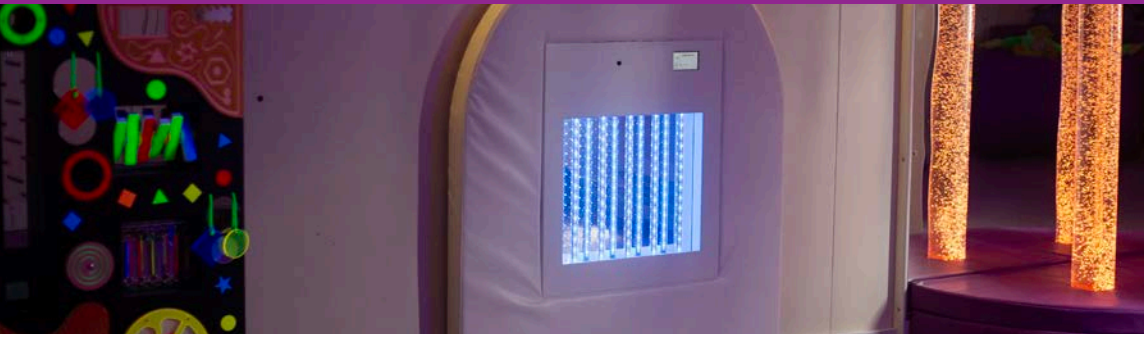
This policy is key to our commitment to the development and promotion of student involvement:

- Students are involved in a comprehensive assessment process (pre-entry, initial, baseline)
- Students complete a thorough induction programme designed to help them settle in to their new routines
- Students are fully integrated into community living through an extended curriculum and extra-curricular activities
- 'Learner Voice' is captured in many different ways: accommodation meetings, individual tutorials, person centred plans/reviews, individual therapy sessions, student council meetings & differentiated resources within a total communication environment
- Support structures are comprehensive and clear and designed to give students quick access to key staff with whom they can share concerns e.g. keyworker and personal tutor
- The Duke of Edinburgh Award supports our commitment to enhance outcomes for all students
- Students are supported to make choices about their timetable by participating in an 'options' process
- Learner choice and participation is promoted and monitored via operational meetings, tutor meetings and accommodation meetings
- For students with more complex needs, Learner Voice is focussed upon enabling them to make simple choices about their daily lives both in and outside of college. Students are supported to develop their communication skills within our total communication environment and are given opportunities to make choices and develop independence through the innovative use of technology and specialist resources

The core curriculum is complemented by a range of enrichment activities that enable students to develop new friendships and interests. They can choose from a variety of activities and clubs including:

- ✓ Arts and Crafts
- ✓ Cycling
- ✓ Dance
- ✓ Drama
- ✓ Duke of Edinburgh
- ✓ Football
- ✓ Gym
- ✓ Indoor/Outdoor Games
- ✓ Keep-Fit
- ✓ Music
- ✓ Photography
- ✓ Pottery
- ✓ Rambling
- ✓ Swimming
- ✓ Visiting Places of Interest
- ✓ Woodwork

Therapy



We provide a wide range of specialist interventions and tailored approaches for our students. We ensure that all young people in our care have the chance to engage positively in college, daily life and with staff, peers and the local community.

Speech and Language Therapy

Speech and language therapy promotes inclusive communication and accessible information. It supports communication-friendly environments; develops the communication skills of those working with and supporting people with learning disabilities; and promotes and creates accessible information so it can be shared in ways that everyone can understand.

Cambian Dilston College offers a total communication environment. This encourages the use of all communication methods to support understanding and use of language, including:

- **Speech**
- **Vocalisations**
- **Body Language**
- **Facial Expression**
- **Gesture**
- **Makaton**
- **Written Words**
- **Symbols**
- **Objects**
- **High-tech Communication Aids**

The Speech and Language Therapist works in a number of different ways at college:

During transition - supporting students to start at college

The Speech and Language Therapist will use information from previous placements and initial observations of the student to form a communication profile. The communication profile outlines key information about a student's communication and any strategies that staff need to be aware of when supporting them. This might happen before a student comes to us, or when they first start at the college.

Universal Service (which all students are able to benefit from)

The Speech and Language Therapist works with the whole college team to ensure that all staff have the knowledge, skills and tools to support students' communication and interaction.

There are a number of environmental therapeutic approaches which are accessible to all students in college. These include the following:

- Accessible displays and documentation
- Symbols used regularly throughout sessions
- Learn and do boards in classrooms which act as a visual schedule for the sessions
- Meal planning and daily chores visuals in student accommodation

Occupational Therapy

We work with a range of external therapy agencies and organisations to support students with any occupational therapy intervention they require.

There are a number of environmental therapeutic approaches which are accessible to all students in college.

- **Low stimulus environments**
- **Sensory room and therapy swing**
- **Safe space**
- **Outdoor gym**
- **Classroom seating arrangements**
- **Movement breaks**

Our therapy team consists of:

- ✓ Onsite Speech and Language Therapist
- ✓ Onsite Occupational Therapist
- ✓ Clinical Psychologist
- ✓ Students may access NHS Services such as Physiotherapy, Mental Health Services etc.
- ✓ Additional private support may be sourced as required e.g. Art Therapy



Targeted Input - Speech and Language Therapist

Some of our students have bespoke communication tools/approaches/strategies which are specific to their needs. These include:

- Now and next boards
- Individual visual timetables
- Choice boards relating to specific parts of the day
- Social stories

These are implemented by the Speech and Language Therapist and used/monitored by the education and care staff who work with the students on a daily basis. Progress and effectiveness is regularly reviewed by the Speech and Language Therapist.

The Speech and Language Therapist also works directly with teaching and care staff to enable them to meet students' communication needs and know how best to support them.

The Speech and Language Therapist carries out a number of direct interventions with students based on their needs, including the following:

- Social skills group
- Social thinking group - teaching students how to consider things from someone else's perspective
- 1:1 work with students who use communication aids, to enhance their skills in using the device
- Specific work tailored to individual student's needs e.g. working on how to deal with change, how to understand and express emotions, how to deal with anxiety around a specific situation etc.

Universal and targeted approaches remain in place across the full 52 weeks of the year, ensuring that students have access to their communication support tools at all times and have appropriately trained staff who are aware of their communication needs. Specialist interventions take place during term time, for 38 weeks of the year.

We help students to:

- Tell people what they want and need
- Understand what other people say
- Know what is happening in their day
- Make choices and decisions
- Tell people how they are feeling
- Improve their social skills and develop friendships

Occupational Therapy



Occupational therapists support people with all types of learning disabilities to help them continue with life skills, work and leisure activities as independently as possible. They will:

- Work with individuals, families and support workers so they understand the importance of taking part in everyday activities
- Help people with learning disabilities to get involved in activities around the home, such as cooking
- Help people to live independently
- Encourage use of public transport so people with learning disabilities can access community facilities
- Support people into mainstream voluntary work or employment.

The Occupational Therapist works in a number of different ways at college.

During transition- supporting students to start at college

The Occupational Therapist will use information from previous placements and initial observations of the student to ensure the college provides a suitable environment to meet students' physical and sensory needs.

Universal Service (which all students are able to benefit from)

The Occupational Therapist works across the whole college team to ensure that all staff have the knowledge, skills and tools to support students with their daily activities, independence skills and sensory needs.

There are a number of environmental therapeutic approaches which are accessible to all students in college. These include the following:

- Low stimulus environments
- Sensory room and therapy swing
- Safe space
- Outdoor gym
- Classroom seating arrangements
- Movement breaks



Targeted Input - Occupational Therapist

Some of our students have bespoke approaches/strategies which are specific to their needs. These include:

- Adaptive equipment e.g. specialist cutlery, shower seats
- Sensory equipment e.g. multi-sensory boxes, fidgets, wobble cushions, gym balls etc
- Sensory circuits i.e. physical activities which are used to alert, organise and calm students
- Sensory strategies

These are implemented by the Occupational Therapist and used/monitored by the education and care staff who work with the students on a daily basis. Progress and effectiveness is regularly reviewed by the Occupational Therapist.

The Occupational Therapist also works directly with teaching and care staff to enable them to support students with their education sessions, daily activities, independence skills and sensory needs.

The Occupational Therapist carries out a number of direct interventions with students based on their needs, including the following:

- Increasing independence skills e.g. personal care, dressing, household tasks
- Enabling safe travel e.g. assessing and managing risk, use of buckle safes and harnesses
- Emotional wellbeing including managing feelings
- Supporting students to access education

Universal and targeted approaches remain in place across the full 52 weeks of the year, ensuring that students have access to their occupational therapy support tools at all times and have appropriately trained staff who are aware of their needs. Specialist interventions take place during term time, for 38 weeks of the year.



Supporting Positive Behaviour

Cambian Dilston College uses a Positive Behaviour Support approach. We understand we need to work together to find out the meaning behind behaviours, so that we can support the student's needs in better ways to improve their quality of life. We focus on proactive strategies to reduce the situations in which challenging behaviour is more likely to occur, and teach new skills and coping strategies. Students have a Behaviour Support Plan which identifies their individual behavioural needs and how staff can work with them. We have a qualified Positive Behaviour Lead on site that is trained in Safety Intervention and works closely with students to support and encourage positive behaviour.

Supporting Mental Health

Cambian Dilston College aims to promote positive mental health and wellbeing among all of the students. We strive to promote mental wellbeing by creating an environment where young people feel safe and happy and feelings are recognised and talked about. Staff consistently support students to develop strategies for coping with their feelings.

We also identify and support students who might have a particular mental health need and require specialist support, liaising with local mental health services. The college works with students and external professionals to help manage mental health needs.

Safety Intervention

The College uses Safety Intervention. This programme is a behaviour management system designed as a safe, non-harmful approach to assist staff in the management of a wide range of disruptive, challenging, aggressive, and violent behaviours, including the most acute behavioural disturbances and high risk behaviour. The focus is on verbal de-escalation, prevention, and early intervention. Within the Safety Intervention programme touching, holding or physical restraint skills (physical interventions) are used as a last resource to manage risk. The Safety Intervention philosophy enables us to meet Standards, Regulation and Legislation for Care Homes.



Animal Care

At Dilston College we care for a range of animals which currently include; sheep, goats, canaries, hens and quail. Animals are a valuable learning tool; our students participate in practical tasks as well as classroom-based sessions.

Students benefit from:

Cognitive skills such as:

- Acquiring knowledge and understanding through thought, experience, and the senses
- Attention-sustained/selective/divided
- Memory-short term/long term
- Logic/reasoning
- Processing-visual/speed

Confidence/independence:

- Increased confidence
- Increased independence
- Reduced anxiety/depression

Life skills:

- Communicating
- Making Connections
- Critical Thinking
- Taking On Challenges
- Engaged Learning
- Numeracy
- Literacy





Animal Care

Students benefit from:

Work skills:

- Practical skills
- Strong Work Ethic
- Positive Attitude
- Communication Skills
- Time Management Abilities
- Problem-Solving Skills
- Acting as a Team Player
- Self-Confidence
- Health and Safety

Sensory Processing:

- Touch-Stroking/Holding/Textures
- Grooming/Weighing/pressure/ safe/correct
- Visual-animal colours/movement observations/ health checking
- Smell-signs of good/ill health
- Sounds-animal vocalisation
- Verbal-speak to animals/instructor/peers/family

Dexterity/balance/motor skills:

- Improved fine motor skills, improved balance
- Handling animals, tools and equipment to complete practical tasks.
- Complete animal linked written work, art, records and charts etc



“ We had the pleasure of speaking to a young person who was incredibly excited to tell us all about the animals and how they are looked after, we got to meet the animals also which was amazing ”

Caitlin Ridge
Commissioning Support & Innovations Officer
– Children’s Commissioning Service



Residential Care

A home away from home

We understand that residential colleges can never replace home but we make every effort to create a welcoming, family environment where students feel safe and comfortable.

Our accommodation provides the necessary step between leaving home and community living that most young adults take during their transition to adulthood.

Students live together in small groups, where they are supported to develop their skills for independence, such as personal care, cooking, shopping, cleaning, laundry, supported travel training and community awareness.

Some students may also live individually to meet their needs.

Students will be allocated accommodation for their time at the college, this will either be in the main hall or one of the four cottages situated within the college grounds. Designated staff teams will provide support within these accommodations.

We encourage our students to personalise their bedrooms with posters, photos and personal belongings. Students will also be supported and encouraged to take ownership of their bedrooms; keeping it clean and tidy.

All bedrooms have Wi-Fi access between the hours of 06:30 and 22:30.

Other onsite facilities include:

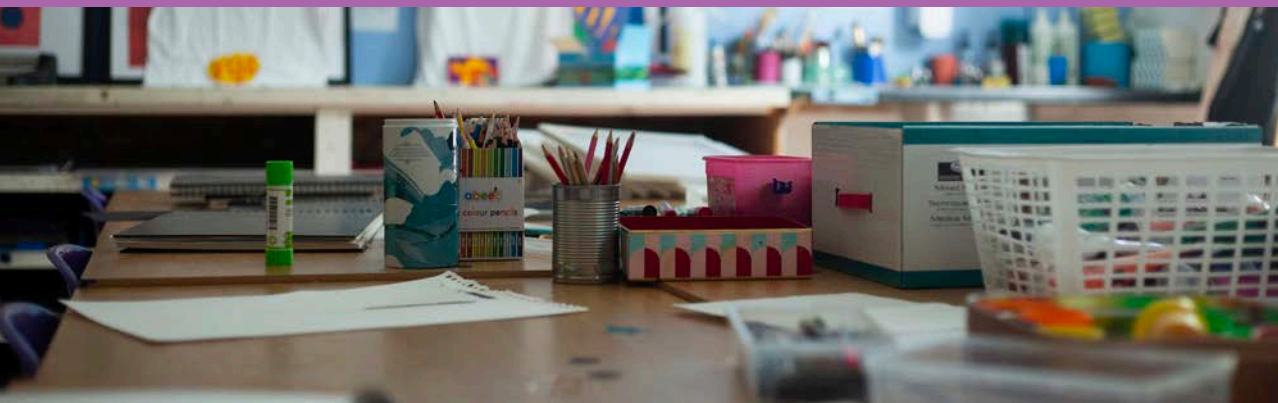
- Sensory Room
- Outdoor Gym
- Animal Care Facility
- Café
- Bakery
- Workshops for Art, Pottery and Woodwork
- Outdoor Classroom and Teaching Space
- Horticultural and Estate Management
- Vocational Learning Kitchen
- Forest School
- 1:1 and group classrooms
- Library
- Large movement room
- Enterprise room
- Independent living skills room (large and small)
- Bird watching

Off-site facilities:

- Sports activities at local leisure centre
- Opportunities for shopping and entertainment in the nearby town of Corbridge, Hexham and Newcastle
- Visits to local heritage sites and places of interest

On site, we have a full-time Inclusion Officer who supports with organising off-site activities, extra-curricular activities, work placements, and who ensures our students gain knowledge, skills and experiences outside of the set curriculum. This offers assessments, tasters, new experiences and access and knowledge to new hobbies that students might like to try.

Curriculum Overview



At Cambian Dilston College, we:

- ✓ Offer a broad and individualised curriculum for each student, tailored to meet their developing needs and EHCP outcomes
- ✓ Facilitate the development of independent living skills through a practical and community based curriculum
- ✓ Develop students' functional communication skills within a total communication environment
- ✓ Enable students to develop self-awareness and interpersonal skills which underpin successful community living and working
- ✓ Offer a wide range of vocational curriculum choices to stimulate and challenge students on all levels
- ✓ Encourage students to become active participants in their local communities through a programme of enterprise and involvement
- ✓ Equip students with the most appropriate and relevant accreditation for their chosen destination

Core Curriculum

The core curriculum offers three distinct routes:

Personal Progress, Skills for Independence and Work and Workskills; all routes encompass the key principles of 16+ study programmes. Subject areas include:

- ✓ **Independent Living Skills**
- ✓ **Literacy and Numeracy**
- ✓ **Vocational Skills and Experience**
- ✓ **Personal Development**
- ✓ **Community and Leisure Activities**
- ✓ **Work Experience**
- ✓ **Enrichment Activities**

Personal Progress route

1

Students working up to Entry Level 1 will follow a Personal Progress route tailored to their individual needs. Students work towards qualifications designed to develop their life skills in a variety of different contexts. The curriculum content is constructed around the development of communication skills, community awareness and integration, social communication and behaviour, development of independent living skills and introductory activities in vocational areas.

Skills for Independence and Work route

2

Students working at Entry Level 2 will follow a SFIW route enabling them to develop a range of skills within chosen vocational areas and access core sessions.

Work Skills

3

Students working at Entry Level 3 and Level 1 follow a Workskills route designed to equip students with the essential skills needed to progress into employment post-college.



Curriculum overview

Within all our curriculum options, we effectively teach the skills that underpin successful learning and relationship building; promoting emotional health and wellbeing.

The curriculum options we offer provide our students with the opportunity to practice new skills in an environment where they feel safe, are able to try new things and learn more about themselves.

Independent Living Skills Curriculum

The Independent Living Skills curriculum is designed to develop students' readiness for independent or shared community living. This is achieved by focusing on the skills required to live as independently as possible and to make a successful transition out of college. For all students, this will involve identifying long-term transitional aims to ensure that the skills they develop can be successfully transferred into their post college placement.

Communication and Behaviour Curriculum

Our autism specific curriculum is designed to meet the needs of students with complex communication and behavioural difficulties. This is a highly structured and experiential learning programme which develops and reinforces students' adaptive behaviours, communication, social awareness and functional skills. The curriculum is based upon a total communication philosophy, with the utilisation of a wide range of tools and methods to develop students' understanding and help them to be understood.

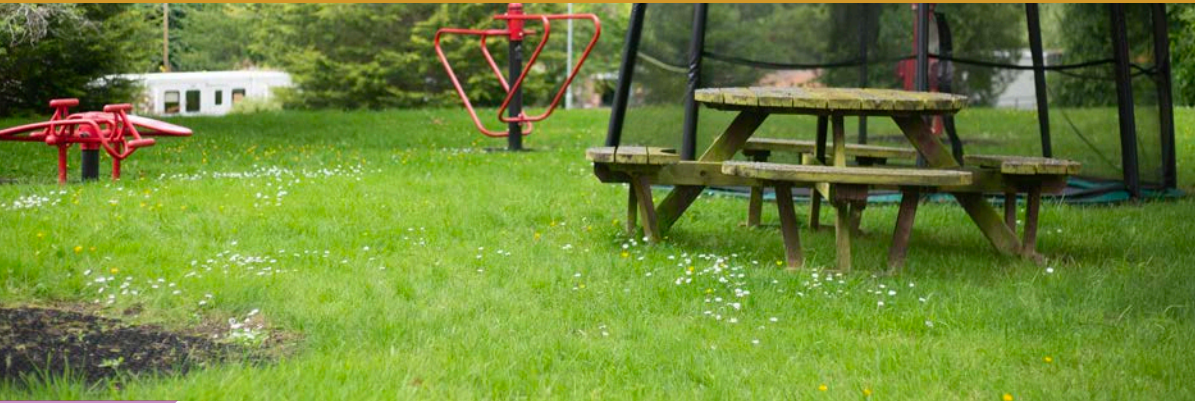
Work Experience

Students have access to a variety of work experience placements through the wide range of connections Cambian Dilston College has with local employers. Job Coaches work closely with students to help them identify work related targets, reflect on their work experience placement and plan for their next step.

"Leaders and managers have developed an appropriate curriculum to support students to develop the knowledge, skills and behaviours that they need to progress to adulthood. Students have a personalised curriculum, which includes attending work-related learning in the cafe and bakery, participating in independent living skills sessions, such as cookery, and accessing activities in the community"

Ofsted Education
Report
- January 2023

Living Well



Health and well-being

Students are encouraged and supported to develop and maintain healthy lifestyles, with a focus on positive social and emotional well-being. .and emotional well-being reinforced in our post 16 curriculum, which also covers Personal, Social, Health, and Economic education (PSHE).

Our Living Well approach aims to:

✓ **Promote healthy eating and lifestyles**

✓ **Increase health and well-being awareness**

Students take an active role in planning the weekly menu for their accommodation. Strong emphasis is placed on giving students the knowledge and support to make food choices which contribute to a healthy diet. Shopping for food is an integral part of the practical life skills curriculum that gives students the opportunity to learn about food labelling and to select healthy options when out in the community.

Our catering team also provide balanced healthy meals and snacks, served in the dining room.

Our health and well-being supporter plays a key role in making sure students' health needs are supported appropriately and that students, through specific programmes, are increasingly encouraged to manage their own medical needs, as much as they are able.

Students are supported to take part in a choice of physical and sporting activities, these include a wide range of personal interests such as swimming, gym classes and football. On site students have access to an outdoor gym and trampoline as well as the grounds to walk around.

After lunch each day students are encouraged and supported to participate in the daily mile, this provides an opportunity for exercise and socialising.

"Care professional commented positively on the commitment, approaches and interventions of staff in their support of people with 'very complex needs'. Relatives said their family member's specialist needs were well-met by the service".

Ofsted Education
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- January 2023

Dilston College

Outcomes 2024

BTEC RESULTS

6 x Vocational Studies
- Entry Level 3

5 x Certificate Vocational Studies
- Entry Level 2

ASDAN

1 x ASDAN Award
- Level 1

3 x ASDAN Awards
- Entry Level 1

4 x ASDAN Unit Awards
- Entry Level 1

FUNCTIONAL SKILLS

1 x English
- Entry Level 2

2 x English
- Entry Level 1

1 x Mathematics
- Entry Level 2

2 x Mathematics
- Entry Level 1

DUKE OF EDINBURGH AWARDS

1 x Silver

1 x Bronze

WORK EXPERIENCE

- 2 students completed their work experience in local cafes, welcoming and serving customers.
- 1 student completed work experience in retail.
- 1 student successfully completed a farming placement.

PERSONAL ACHIEVEMENTS

- Student DB has gained so much confidence that they were able to entertain everyone by singing at the college celebration day.
- Student JJD has transitioned into college life, and his Mum tells us that he happily skips into college every day.
- 3 students had their art work displayed at the Biscuit Factory Art Gallery in Birmingham.
- Student KD has successfully accessed a weekly community work placement at a Refuge Café.
- Students BF and CN were able to successfully widen their participation in community activities and have now built these activities in to their routines.

LOOKING TO THE FUTURE

- Student KL's ability to work with a wide range of staff and communicate his needs more effectively has enabled him to access a wider choice of social care opportunities with less staff support after leaving college.
- Student KD has developed his work placement skills in a variety of settings and now confidently follows instructions which will strengthen his participation in the social care events he has organised.

JJ's Story

JJ joined our college just over a year ago, arriving as a reserved and cautious young man who required a highly individualised approach to his learning. Initially, JJ demonstrated hesitation in engaging with new activities and exploring unfamiliar spaces within the college.

At first, he participated only in familiar table-top activities within a small, trusted environment. However, with encouragement and gradual exposure to new tasks, JJ's confidence began to grow. He started exploring different table-top activities, learning to tolerate and eventually enjoy unfamiliar experiences. Building on this foundation, JJ progressed to accessing new areas of the college environment, including larger communal spaces and classrooms.

JJ was then introduced to a variety of sessions with different education staff. His success in accessing these sessions stemmed from the development of positive, trusting relationships, which made him feel secure enough to participate in an increasing range of subject-specific activities. His growing trust and willingness to engage extended to activities outside the classroom, such as venturing out in the college bus—something he would not have considered upon arrival. Staff employed autism-specific approaches, including TEACCH, visuals, and social stories, to support his progress.



During his time at college, JJ has developed vital life skills. He is now able to perform a range of tasks, such as sorting socks, sweeping, and hoovering—skills that have successfully generalised to his home environment. JJ also displays a sense of pride in his accomplishments, often demonstrating his new skills with enthusiasm. In addition, he is working on writing his name and attends Forest School, where he has learned to put up and take down a hammock.

It has been a joy to witness JJ's progress, and he continues to surprise us with his achievements. JJ has established strong, positive relationships with staff, which underpin his continued success. He approaches college with enthusiasm and confidence — his mum reports that he is always keen to attend.

“All the Dilston staff are amazing!!! They all go an extra mile (or more) and nothing is too much trouble for them. The professionalism, understanding and quick adjustments to meet JJ's needs are fantastic! JJ definitely loves it! I could not wish for a better college for JJ - I was very impressed when I visited the first time - and I knew that it was the perfect place for JJ! I will say big credit to you for preparing JJ for changes with your amazing social stories and adapting learning to JJ's needs”

JJ's Mum



Transitional Support

Transition is central to our college offer; we take pride in supporting students to achieve their goals and aspirations. At Cambian Dilston College we have a dedicated team that, alongside the students' circles of support, develop person-centred plans focusing on life after college.

The transition team:

- ✓ Liaises with students' future service providers to facilitate smooth transitions
- ✓ Identifies opportunities in the community with students
- ✓ Supports students to visit their new homes and communities
- ✓ Liaise with key external stakeholders



"My son had a very positive experience at Cambian Dilston College. His self-confidence, personal skills and abilities that developed during this time have helped him to become a happy, competent young man.

The staff were wonderful at supporting him to ensure he achieved his full potential. He also made many new friends. The transitions team gave lots of good advice, guidance and assistance to ensure that his wishes were accomplished.

They organised work experience, appointments, and helped him to view potential placements before he finished his course and were always quick to respond to questions from me, ensuring I was fully informed."

Parent of a Dilston Student

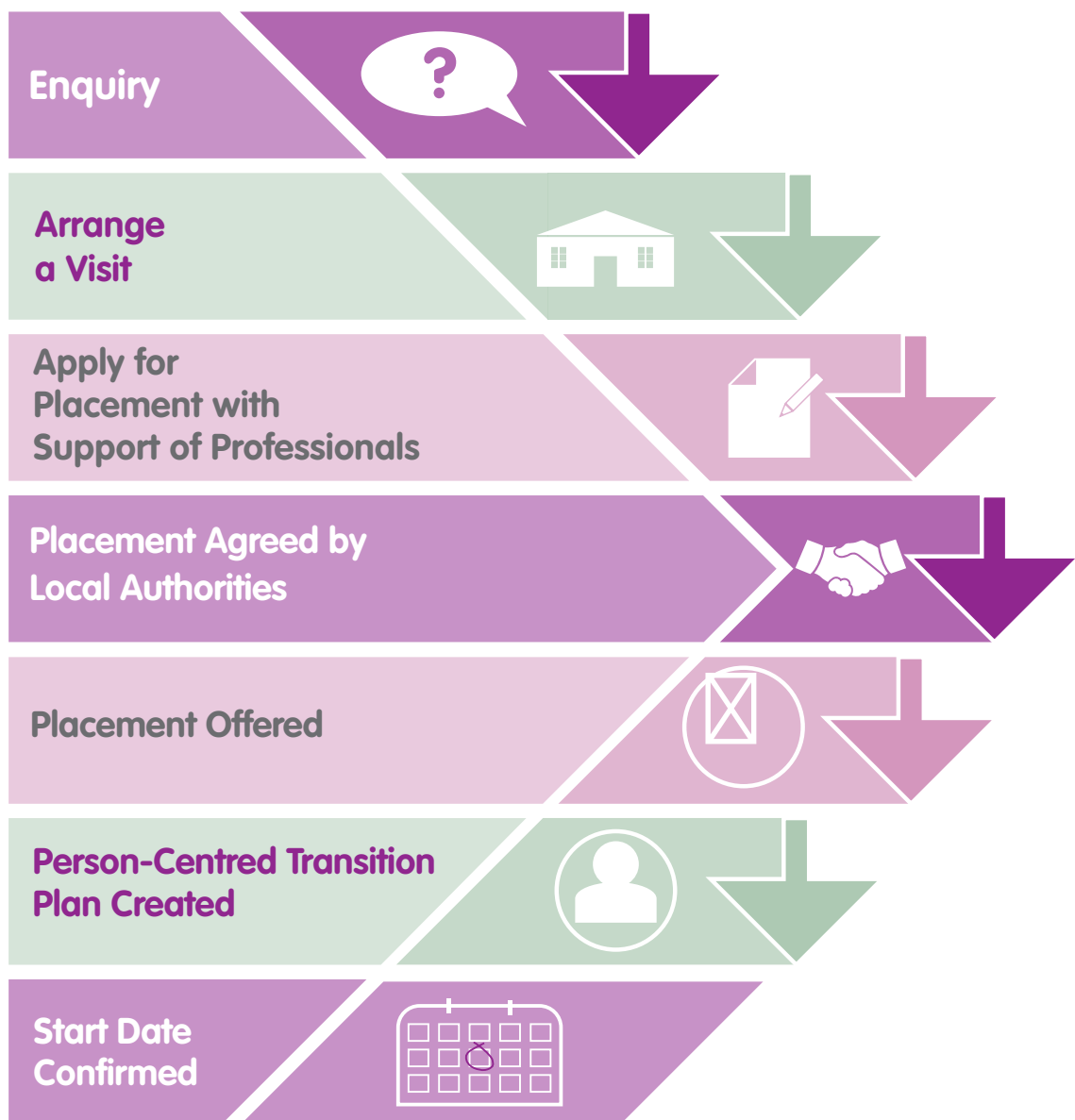
Enrolment Process



For any enquiries please call **01434 632692**

Following an enquiry, the Admissions Officer will arrange for you to visit the college. Prospective students are invited for an extended visit, which includes an overnight stay for potential residential students. Following a successful extended visit a placement offer would be made in writing.

Enrolment can take place at any time during the year, and once a student referral is made our dedicated transitions team provide a fast and free person-centred Transition Plan.



Additional Information



Complaints Procedures

We know there will be times when students, carers, parents or placing authorities will want to give us feedback about our College and we will always be happy to hear from you. If you feel that you would like to make a suggestion, let us know about something you were pleased with or tell us we did not meet your expectations, please contact the School via the contact details at the front of this prospectus.

A complaints procedure allows for both formal and informal complaints. Informal complaints will be dealt with quickly, while formal complaints can be made in writing.

Our full complaints policy is available from the College on request. This policy is designed to help you raise concerns and ensures your complaint will be listened to and dealt with fairly.

Should you wish to take your complaint further or feel you are unable to discuss the details with the College, please contact the director of education detailed below, especially if your complaint relates to the College leadership.

The Proprietor

The proprietor of the school is Farouq Sheikh, Chair of the CareTech Board. The representative of the Proprietor of the school, whose address for correspondence during both term times and holidays, is:

Andrew Sutherland,
Operations Director - Education,
Metropolitan House,
3 Darkes Lane,
Potters Bar,
Hertfordshire EN6 1AG.

The representative of the proprietor may be contacted at Andrew.Sutherland@caretech-uk.com