

Chesham House School

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Employability Work - Dec 2024

In Autumn Term 2, Group 1 students have been learning about goal and target setting in their employability lessons. They've been learning about the importance of setting personal goals, and how to achieve these goals by first breaking them down into short-term targets. Students learned how to make a target SMART, and how ensuring that the goal is Specific, Measurable, Achievable, Realistic, and Time-bound helps us to achieve it.

Students set aspirational goals for themselves; two students aspire to be professional footballers, another has set herself the admirable goal of working as a carer for the elderly, and one young man set himself the goal of owning his own house, so that he can look after his family! Students have all considered what steps they can take now in the short term to begin to work towards their goals, and what steps they will need to take in the medium and long term, and have thought about who they can reach out to for support in achieving their goals.

Group 1 students have worked particularly hard this half term and have produced some fabulous work in their books, which they've been keen to share with their parents. We're looking forward to our parents and carers day at the end of term where we can show off all the wonderful work they've completed.

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The poster is a hand-drawn educational tool on lined paper. At the top, the word 'SMART' is written in large, colorful, bubbly letters. Below it, a cloud-shaped box contains the text: 'think about Short-term, Medium-term, long-term goals. You have to think how long it will take to achieve it.' To the right, another cloud-shaped box asks 'Why is important to set goals? So you know what you want to do, and how long it will take.' A third cloud-shaped box to the right asks 'What do you need to do to help you achieve your goal? have to break it down to shorter steps.' In the center, the word 'GOALS' is written in large, colorful, bubbly letters. Below it, a box lists 'SMART Goals' with the criteria: 'Specific, Measurable, Achievable, Reasonable, Time-bound'. At the bottom, another box asks 'Who can help me to achieve my goal?' and lists 'My mum, friends, teacher, family and key adults'. The word 'GOALS' is also written in large, colorful, bubbly letters at the very bottom. The entire poster is decorated with colorful wavy lines and arrows.

SMART

think about Short-term, Medium-term, long-term goals. You have to think how long it will take to achieve it.

Why is important to set goals? So you know what you want to do, and how long it will take.

SMART

What do you need to do to help you achieve your goal? have to break it down to shorter steps.

GOALS

TARGET

SMART Goals
Specific
Measurable
Achievable
Reasonable
Time-bound

Who can help me to achieve my goal?
My mum, friends, teacher, family and key adults

GOALS

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Smart targets.

First you need to think about **targets** and then you have to make sure your being **specific**. Next you need to be **measurable** and make sure the goal you would like to achieve is **achievable** and **reasonable** then you have to make sure its in your time and its **Time bound!**

S-specific
M-measurable
A-achievable
R-reasonable
T-time-bound

Goals

Goals

Goals

Goals

Goals

Goals

Goals

Goals

Goals

What do you need to do to help you achieve your next goal?

To help achieve your next goal you need to break up your goal into small targets to make it easier for you to follow!



Why is it important to set goals?

- Its important to set goals to know where you wanna be in life. Setting a goal will mean you will follow and hope fully in the end achieve!

GOALS



Who can help you achieve them goals?
a teacher/family or anyone around you can help you achieve your goals.