

# Shap Road

# Summer Newsletter 2024





Cambian



## From the Shap Road Team



Another 6 months have flown by and we are already past the half way mark in 2024! As mentioned in the newsletter we sent in January 2024, this is something we are hoping to produce and send out to you on a 6-monthly basis, so that you can show other family members exactly what we have all been up to!

At Shap Road we strive to make every day as special as possible for the residents and that we are supporting and encouraging them to get the most from the activities they partake in as well as day to day life.

Since the last newsletter we have worked hard to reduce our carbon footprint. We've done this in a few ways, we have now got a compost bin that we use for biodegradable waste, and the compost is then used in the Gardening Club activity that takes place every Monday. At Gardening Club Sam and Jon along with the staff have planted vegetables and herbs in our allotment which are then used within the home and the meals we all enjoy on a daily basis. Becoming a greener home at Shap Road is something that all of our residents have really bought in to and become an active part of, we have also reduced the amount of paper that we use through moving the majority of our paperwork to an online system. As you all know Seesaw has become an active way that we can share pictures with you and is a great way to communicate. Sam, Fern and Jon all love to look at their profiles and the comments you all leave them.

In the past six months Sam, Fern and Jon have enjoyed a wide variety of trips and activities. We have gone to local festivals, Zoos, museums and local events. These activities have been thoroughly enjoyed by the residents at Shap Road. New weekly activities such as Bowling, Art Club, Gardening Club and Swimming have also started and are being regularly attended.

At the beginning of July Shap Road went on holiday to Wales, which Sam, Fern and Jon loved. Whilst on the holiday they took part in some really exciting activities, all of which we shared with you on Seesaw but if you haven't seen already, please enjoy the read!

## February 2024



### Butterfly House in Lancaster

In February Fern, Sam and Jon went to the butterfly House in Lancaster Where they enjoyed looking at all of the different Butterflies as they flew around.

### Blackpool Zoo

On the 19<sup>th</sup> of February Jon Fern and Sam wen to the zoo in Blackpool. They enjoyed walking around the zoo and seeing all of the different animals. After a good trip at the zoo, they enjoyed a refreshing ice cream



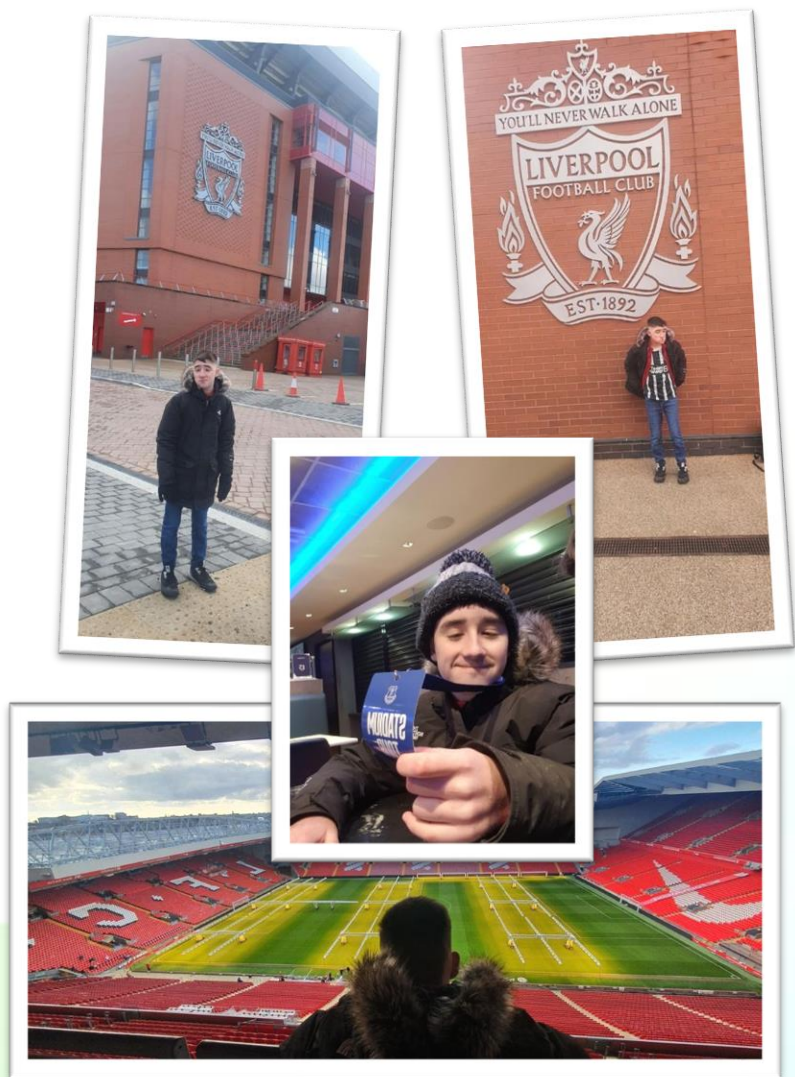


### Blue Planet Aquarium

On the 21<sup>st</sup> Sam and Jon went to the Blue Planet Aquarium. They both really enjoyed looking at the various aquatic species that were on display.

### Liverpool Football Club

On the 21<sup>st</sup> of February Jon visited two stadiums and one of them was the Liverpool Football Club stadium. Jon had a brilliant day and really enjoyed the tours. When a tour guide asked the group if there were fans of other clubs in the group Jon proudly replied by shouting "United, United, United"





**More Music & Walk**

Fern really enjoys regularly going to More Music In Morecambe, and this month after going to More Music she enjoyed going for a walk on the promenade in Morecambe.

**Bowling**

In February we decided to try out going bowling in Morecambe as a group. This was a success as all of the residents really enjoyed taking turns in playing.



**March 2024**

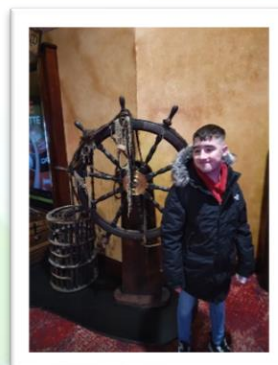


**Skipton Castle**

Jon and Sam visited Skipton Castle on the 3<sup>rd</sup> of March where they got to see what life was like in those days. They then walked along the canal where Sam saw a Rosie and Jim themed boat the he liked.

**Coral Island**

Jon went to Blackpool and because it was cold outside he then visited Coral Island which he enjoyed.





### Concorde Museum in Manchester

Jon visited the Concorde Museum in Manchester. At the museum, Jon went on the Concorde and got to see what it was like on the inside. Jon also enjoyed looking at other planes on display.

### Home Made Pizza

This month Fern and Sam enjoyed making their own home made pizza they then had for tea. They chose the toppings that they liked and then put it on their pizza.



### Garden Club

In March we started Garden Club which was an activity that Sam and Jon enjoyed. It began by preparing the potting some new plants and vegetables.

### Pencil Museum in Keswick

On the 8<sup>th</sup> of March Jon went to the Pencil Museum in Keswick. Jon had a look at all of the varrious pencils on display. He also got to see the world's largest pencil which was in the museum.



### Steam Trains

Fern went to Oxenholme train station where eh enjoyed watching two steam trains go by.



### Bowness Brewery

Fern went to Bowness Brewery to watch a band play. Fern really enjoyed this and she had a refreshing drink.







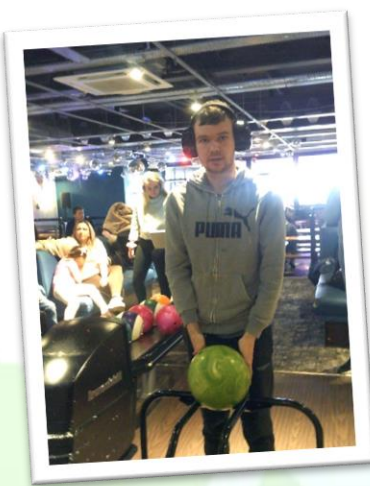
### Hekseth Farm Park

Jon and Fern went to Hekseth Farm Park where they interacted with all of the varrious animals. Fern and Sam really enjoyed interacting with the guinea pigs and brushing them.

April 2024

### Dock Yard Museum

Sam and Jon went to Barrow where they went for a walk and then visited the Dock Yard Museum.



### Bowling

Fern and Sam went to the bowling allwy in Morecambe where they enjoyed playing a game of bowling.

**Solway Aviation Museum**

On the 14<sup>th</sup> of April Fern and Jon went to the Solway Aviation museum where they had a look at various old planes. Jon got into the cockpit of a old Vulcan plane and pretended to fly it.



**Garden Club & Art Club**

In April Sam and Jon continued going to Gardening Club to look after the plants followed by Art Club every Monday. They have really enjoyed regularly going to these clubs and have always looked forward to them.



**May 2024**

**Wray Scarecrow Festival**

Fern, Sam and Jon went to the scarecrow festival at Wray where they got to see the scarecrows. Everyone enjoyed the festival and seeing the scarecrows.





### Art Club

After doing their morning activities Jon and Sam went to Art Club there they enjoyed doing some painting.

### Baking

Before setting out to go to Sunbeams, Fern enjoyed doing some baking with staff and baked some cupcakes.



### Caton Gala

On the 18<sup>th</sup> of May Jon went to the Caton Gala where he tried his luck at hook a duck and won a stress ball that he was proud of.

### Gardening

As it was Monday Sam and Jon went to Carden Club to check on the vegetables that they had planted and to make sure that they are doing well.



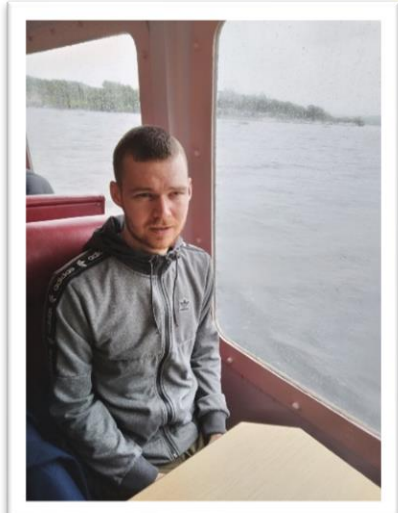
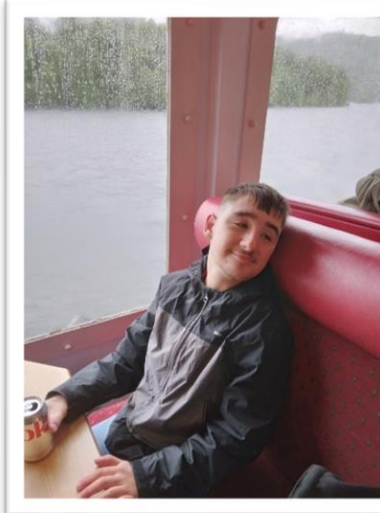


### Art Club

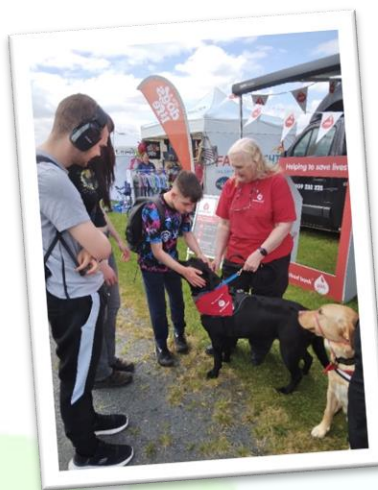
After Gardening Club Sam and Jon then went to Art Club to relax as this is something that they look forward to.

### Boat Ride into Ambleside

Sam and Jon took the bus from Kendal to Bowness and from there they took the boat to Ambleside. They both enjoyed boat trip to Ambleside



## June 2024

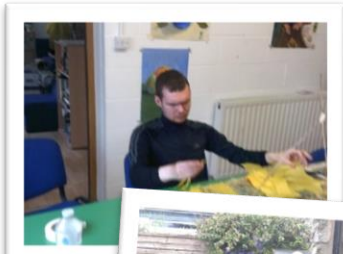


### Kite Festival

At the beginning of June Sam and Jon went to the Kite festival where they enjoyed looking at the kites and even enjoyed interacting with some service dogs.

### Dave Day

On the 8<sup>th</sup> of June Jon went to a garage that was on the route for the Dave Day procession and really enjoyed watching almost 50,000 motorcycles ride by. Jon had a fabulous day and waved to all of the riders.

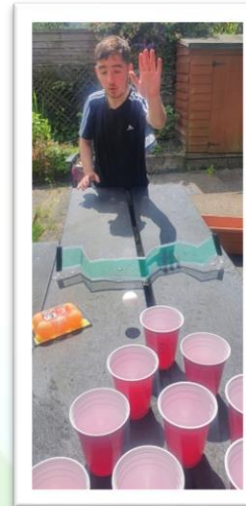
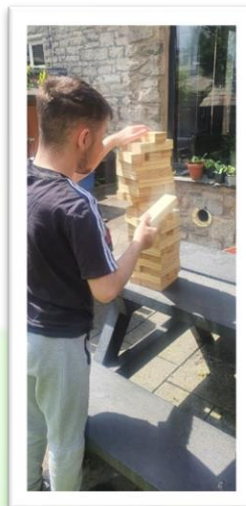


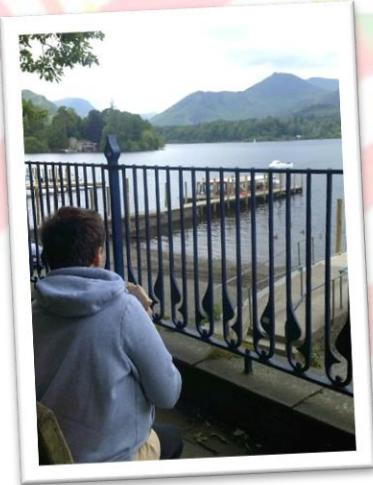
### Gardening Club & Art Club

In this Monday Sam and Jon did some gardening at Shap Road. Jon helped water the plants outside and then helped mow the grass. After Gardening Club, they then went to Art Club.

### Jenga & Outdoor Games

Jon, and Fern took advantage of the nice weather and played some games in the garden like Jenga and throwing a ping pong ball into cups. They had a great time!



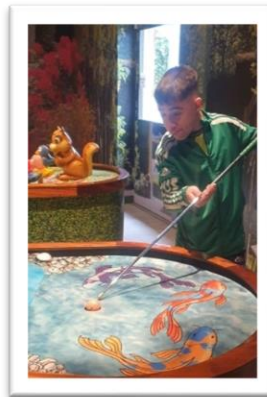


### Sunbeams & Derwent Water

Fern went to Derwent water where she enjoyed the view and then went to Sunbeams where she enjoyed the music that was being played.

### The Flower Bowl

Jon went to the Flower Bowl near Preston where he enjoyed some games and then went for a walk around the garden centre next door.



### Garfield in 3D at the Cinema

Fern went to the cinema where she enjoyed watching the new *Garfield* film in 3D.

### Beamish Museum

Jon wen to Beamish museum where he explored the what life was like in the past. Jon really enjoyed soing on all of the old buses and trams at Beamish Museum.



## July 2024

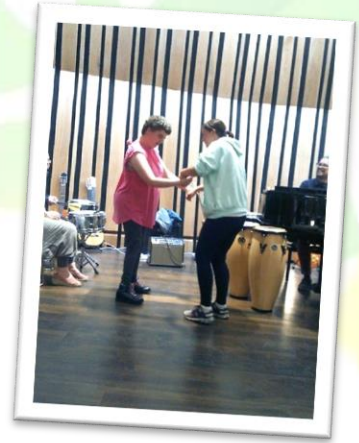


### Shap Road Holiday in Wales

At the beginning of July Sam, Fern and Jon went to Wales where they enjoyed their summer holiday at Haven holiday park in Hafan Y Mor. They explored some of the local sites such as castles, steam trains and other tourist attractions. A the end of the busy days they spnt time in the entertainment centre where they listened to music and had a refreshing drink. Everyone had an amazing hiloday!

### Sunbeams

Fern really enjoyed this trip to Sunbeams and found the music to her liking. Fern enjoyed the music so much that danced to it.



### Garden Club & Art Club

In July Sam and Jon continued to go every Monday to Gardening Club, followed by Art Club. At Garden Club they continued to look after the planted vegetables and herb and then later they relaxed by doing some arts at Art Club. This is a regular activity that they ace continued to enjoy and they look forward to it.



### Lancaster

On the weekend Jon and Sam went to Morecambe and then they went into Lancaster where they visited the local shops and Sam enjoyed a cheese burger from a local burger van.







### Billy Bob's

Sam and Jon wen to Billy Bob's where they had a look around the farm and then they enjoyed interacting with the guinea pigs. Sam enjoyed brushing the Guinea pigs and Jon had a go at sitting on the old tractor that was there.

### Bowness

Fern went on the bus to Bowness where she went for a walk around the Glebe and then enjoyed a refresing ice cream.



## Messages from the staff.....

A final touch to the newsletter is a chance for you to hear from some members of the staffing team about what their highs and most enjoyable moments over the past few months have been:

"We have had a great start to the year with regular visits to art club and this year we have also started garden club which Sam and Jon have really enjoyed".

**Eddy Peacock**

"What an amazing first half of 2024 it has been, topped off with a fantastic holiday to Haven at Hafan Y Mor! Hopefully the second half of the year will be just as exciting and I look forward to being able to share all of the achievements we make during that time in our Winter Newsletter 2024"

**Dan Finch**



"Our residents have all had a productive six months, with new skills learnt and challenges met and overcome. I'm looking forward to seeing what adventures the next six months take us on!"

**Katie Inchmore**

"In the last six months the residents as Shap Road have enjoyed a wide variety of new activities. They have enjoyed visiting museums, festivals and many other new places. By far the most successful was the holiday in Wales, which I believe was one of the best ones so far and this is evidenced by their smiles"

**Roland Benczelits**

Thank you!

We hope you enjoyed reading about all of the exciting things we have done so far this year and we look forward to sharing the rest of our achievements with you in our Winter 2024 newsletter.

From all at Shap Road